



Oral Hull Foundation for the Blind



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November-December 2010

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Volunteers Keep Oral Hull's Mission Alive and Vibrant! - Jeff Lann Executive Director

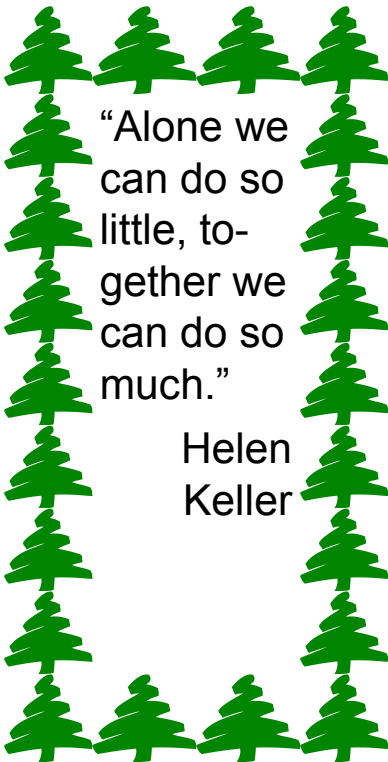
Research has shown that organizations that have a relevant mission and vision for their role in the community are better positioned to thrive. Mission and vision are key drivers in an organization's ability to instill passion in its volunteers, donors and partners. As the end of the year approaches, I am writing to thank each of you for your enthusiasm and passion for the Oral Hull Foundation for the Blind.

camp program of excellence. The winding fragrant paths of our 5 senses Garden of Enchantment, tended by Clackamas and Multnomah County garden clubs, attract visitors from near and afar and as described by a recent guest "take one's breath away". What would Oral Hull be like without the Oregon Lions who provide people in need of financial assistance with much needed camperships and project support. In 2010, Mountainview Christian Church members volunteered over 1500 hours beautifying our campus and getting us ready for the camping season. We are very pleased to have established a growing network of community partners including American Council of the Blind, Blind Ambition, Club Paesano, Guide Dogs for the Blind, Independent Living Resources Inc., Mt. Hood Hospice, Oregon Commission for the Blind, Portland State Univer-



sity, Sandy Actors Theatre and the Sandy Kiwanis Club.

Your commitment and investment of time and resources is of the utmost importance. As stated by Helen Keller "Alone we can do so little, together we can do so much." Thank you for keeping the hopes and dreams alive for our participants and for investing in our life changing efforts.....Jeff



It is truly a privilege for me to work along with so many remarkable people dedicated to Oral Hull's mission. There are many people behind the scenes that set the services, structure and organizational tone that make the Oral Hull Foundation for the Blind what it is today. Our board of director's, chaired by President Tom Ciesielski, has made it possible for us to develop a nationally recognized summer



Sandy Actors Theatre Presents Benefit Play "Sylvia"



The Sandy Actors Theatre Board of Directors, Artistic Director Jim Whilhiet and the Cast and Crew of the play Sylvia, voted unanimously to donate an extra matinee to directly benefit Oral Hull and the re-roofing of the Philbin hall dormitory. The matinee was promoted and attended by primarily Lions Club members from throughout the greater Portland metro area, and netted \$970. New to the Sandy Theatre is "Audio Described", an additional narration track for blind and visually impaired consumers of visual media (including television and film, dance, opera, and visual art). It consists of a narrator talking through the presentation, describing what is happening on the stage during the natural pauses in the dialogue. All audience members agreed the play was a BIG, BIG HIT! Thank you, Sandy Actors Theatre!



Cast members sing a final number as the play ends.

Lion Club members present the cast and crew with flowers!



Audience members meet the cast and thank them for their generous contribution of time and talent!



Mary Lee Turner (left) finds out how to use the ear piece for the Audio Described equipment from professional audio describer, Alyson.



The Wish List Continues...



Our wish list of “things” that are important to complete the Oral Hull tradition of providing a positive experience for everyone continues in this issue with the following needs.

- | | |
|-------------------------------|---|
| 1. Copy Machine—used | 5. Automated External Heart Defibrillator |
| 2. Commercial patio furniture | |
| 3. Durable Lodge furniture | 6. First Aid Supplies |
| 4. Mini van or car—reliable | 7. Tandem Bike |



King City Lions – Add a Second Golf Cart to Oral Hull Park

In August, the King City Lions answered the need to find a golf cart to help Oral Hull participants with physical disabilities gain access to all areas in the park. Thanks to the persistent efforts of Lions club member, Mary Thibert, a golf cart was secured. Lightning sometimes does strike twice as King City Lion, Jim Armour, donated his golf cart to the Oral Hull Foundation in October. Having the first golf cart in time for our Friends and Alumni week of camp was truly a blessing and made life easier for many participants. Having two golf carts was unexpected and a true blessing! Thank you King City Lions...**Again!**

Sandy Actors Theatre Offers 3 Plays to Benefit Oral Hull

More great plays for your viewing pleasure, presented by the Board, Cast and crew of the Sandy Actors Theatre to benefit Oral Hull’s Philbin Hall Dormitory Refurbishment and campership programs! Mark your calendars; all performances are on a Saturday and start at 2 pm. **All tickets are Adults \$20.00 and \$10.00 children under 12 and under.**



March	5, 2011	“A Fine Monster You Are”
April	30, 2011	“The Curious Savage”
June	25, 2011	“Assisted Living”

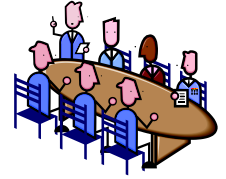
Detailed information about each performance will be available by December 15, 2010

Emeritus Board Meets Hears “State of Foundation”

Oral Hull’s Emeritus Board is comprised of individuals who have served with distinction as members of the Foundation and demonstrated outstanding leadership qualities. Emeritus Board members serve as Oral Hull ambassadors within the community and act as an advisory group to the Foundation Board. Ria Ehrheart, hosted the Emeritus Board at her Beaverton home on October 22. Oral Hull President Tom Ciesielski presented his “state of the Foundation” address. Emeritus members are Patty Bessant, Margaret Breck, Joann Cairnes, Ria Ehrheart and George Morgan.



UPCOMING EVENTS

**November 6, 2010 48th Annual Meeting**

Join us on November 6th for our 48th annual meeting at 11:30 followed by a special lunch, \$6, at noon. Everyone is invited to stay the weekend with us or come up just for the day. Transportation by the Oral Hull bus will be provided in the Portland area. For more information and to **RSVP, please call 503-668-6195 or e-mail oralhull@teleport.com**

November 24-26 Thanksgiving at Oral Hull Park

Enjoy your Thanksgiving holiday with friends and family at Oral Hull Park. Come up on Thanksgiving Day for our 2:00p.m. traditional feast or stay a few nights with us. This event is hosted by Park hosts, Alton Daschofsky and Becky Stewart. Cost: 2 nights and 5 meals - \$20. No charge for Thanksgiving meal. **Call to reserve your spot 503-668-6195.** Transportation only provided by SAM (Sandy Area Metro) or STAR on Wednesday and Friday. **Dial a ride by calling 503-668-3466.**

December 4, 2010– Holiday Party

Holiday Party – December 4 (Please note date change – previously scheduled for December 11). We cannot let 2010 go by without a special celebration. Join us for our final Weekender of the year scheduled for December 4. We will have a holiday feast at noon, followed by special entertainment by the award winning NW Harmony Chorus. Please support Oral Hull's canned food drive to fight hunger in the local community. Cost for three meals, round-trip transportation to Portland and Saturday night lodging is \$30. Add an extra night lodging for \$10. **Please call to reserve your meals and transportation. 503-668-6195**

As the year 2010 comes to a close, we want to wish all of you happy holidays and best wishes for a warm, relaxing and safe holiday season. We also want to extend our gratitude for your support and commitment. It's been



said before but bears repeating, the Oral Hull Foundation for the Blind is not possible without the dedication and energy from each of you. As we head into the New Year with high hopes and expectations, we hope you'll join us for the ride!

Happy Holidays!

How you can help keep the "dreams" alive



There are many ways for our volunteers and campers to help keep Oral Hull at it's best presentation. Whether through volunteer and "in-kind efforts" or financial donations every gesture of support is appreciated more than words can say.

A financial commitment may not be large but it will make a difference to the continued success of our facility and programs.

There are three ways to make a financial donation: You can become a "Friend of Oral Hull

Or become a member of OH with voting privileges for a \$30.00 fee annually. Call Executive Director Jeff Lann for additional information and benefits of being an OH member.

Or, you can make a donation of any amount towards camper-ships, the Philbin Hall dormitory re-roofing and shower extension projects or donate a car, trailer, RV or other motorized vehicle that can be resold. You can also urge your friends and family to

donate in honor of someone living or departed.

Giving isn't hard if the need is evident.

As one of last years campers points out "I believe all blind persons deserve to experience the beauty and fun, food and adventure, freedom and respect, that Oral Hull has brought to me. I shall forever be grateful to those who introduced me to your organization, and I look ever forward to partaking in summer camps for years to come".

Become a Friend of Oral Hull Here!



You can become a Friend of Oral Hull for \$20.00 annually. However, your donation of any size is welcome! As a Friend of Oral Hull you will receive our quarterly newsletter, announcements to all scheduled events, a 10% discount on lodge rental for personal and business functions and a personal tour of the Oral Hull park when you are in the area!

I WANT TO BE A FRIEND OF ORAL HULL! Please complete and cut out. (Please Print)

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

Friend of Oral Hull \$20.00

Additional Amount \$ _____

Please make check out to and mail to: Oral Hull Foundation for the Blind
PO Box 157 Sandy, Oregon, 97055



Oral Hull Foundation for the Blind

Email:

oralhull@teleport.com

Phone: 503.668.6195

43233 SE Oral Hull Road

PO Box 157

Sandy, Oregon 97055



Mission Statement

The mission of the Oral Hull Foundation for the Blind is to provide facilities, programs and services including social, educational and recreational activities for people that are blind, visually impaired or otherwise disabled.

We're on the Web!
www.oralhull.org

Did you know.....

What is MDA?



clear



blurry/wavy



blind spot

Age-related macular degeneration (AMD) is a chronic condition that causes central vision loss. It affects millions of Americans. In fact, it is a leading cause of blindness in people 60 and older. The older you are, the greater your chance of being affected. That's why it's important to learn the symptoms of AMD now, so if you ever notice anything wrong, you can see an ophthalmologist right away.

Early Detection is the key to avoiding vision loss.

AMD symptoms include blurriness, wavy lines, or a blind spot. You may also notice visual distortions such as:

- **Straight lines or faces appearing wavy**
- **Doorways seem crooked**
- **Objects appearing smaller or farther away**

If you notice any of these symptoms, you should see an ophthalmologist as soon as possible.

AMD occurs when the macula (central portion of the retina

that is important for reading and color vision) becomes damaged. AMD is a single disease, but it can take 2 different forms: dry and wet.

Wet AMD is the more serious form, with more than 200,000 people in the United States diagnosed every year. Without treatment, patients can lose their central vision over time, leaving only peripheral, or side, vision. The symptoms can occur suddenly or gradually. **Early detection and treatment can help!**

